



FAMILY IDEAS TO SHARE TOGETHER

1. Create a family board game

This family board game can be an opportunity for you all to learn even more about one another, laugh with each other and remind each other how much you value one another.

Here is an example of some spaces that could be included on your board game:

Sunshine space: if you land on the sunshine you have to say something kind about another player.

Rainbow space: if you land on the rainbow you have to say something kind about yourself.

Cloud space: share the funniest family memory.

Star space: do an impression of someone in the family and the other players have to guess who it is.

You can be as creative as you like with this, but make sure everyone gets involved in creating it. Remember, it doesn't have to be a board game of competition.

2. Create a family wall of gratitude

Together write down all the things you are grateful for. Display them anyway you would like, decorate and place them somewhere so you can be reminded everyday of all the beautiful things that make your heart smile.

3. Create a treasure hunt

This is for you to get creative. You can hide sweets, chocolates, teddies, little messages, anything you like. Hide approximately ten objects around the house. Each hidden object will come with a riddle/ clue, so in order for the hidden object to be found the riddle must be solved. Here is an example of some riddles/ clues you could use:

Riddle/ Clue: You go here to rest your head

Answer: Bed

Riddle/ Clue: It keeps all the yummy things nice and cool

Answer: Fridge

Riddle: Wash away the muck.

Answer: Shower

Riddle/ Clue: Switch me on and I come to life.

Answer: Television

You could even ask the children to create a treasure hunt for YOU.

4. Create a family bucket list

This is a lovely activity to share together. You could make a bucket list of things you'd like to do together during lockdown and a bucket list for when lockdown ends. Make it, decorate it and display it somewhere you all can see. Once you have done something on your bucket list you can mark it off.

5. Make a family time capsule

Create a family time capsule that you can put away and dig out in the future. You can add anything you would like in your capsule, but be sure to include drawings and messages.

6. Make a den

Get creative and build cosy den in the house. You can all get inside and read stories, eat goodies and just have fun family time together.

7. Get Snapping

Work together on scrapbooks or organising photos into an album. Together you can make beautiful, creative scrapbooks that will become family treasures.

8. Have a dance party in the living room

Put on your best clothes, your favourite music and have a boogie.

9. Have a tea party

Everyone can get involved with making decorations, food and party games for your family tea party.

10. Get messy together

Paint with your hands and feet, make mud pies, get a washing up bowl and fill it with shaving foam or jelly and hide items inside to find, make slime or do anything that involves getting messy.